



Secondary Lymphoedema: Education & Training Workshops Expression of Interest

Background

The National Breast and Ovarian Cancer Centre (NBOCC) was awarded a grant by the Australian Government Department of Health and Ageing in June 2007 to undertake a 12-month program to improve the knowledge and management of secondary lymphoedema following treatment for all cancers. The program involved establishing an evidence base about lymphoedema and then using this to develop various resources to assist consumers and health professionals better manage and treat lymphoedema. A list of the resources developed under this program is available at Appendix 1.

This EOI specifically relates to the educational resources developed to assist Divisions of General Practice host local workshops on lymphoedema for health professionals.

Education & Training Workshops

The management of secondary lymphoedema: workshop module for health professionals is based on a 90 minute education session. It is designed to be presented in an informal lecture style utilising PowerPoint slides and speaker's notes. Two case studies have also been incorporated to promote interactive group discussion. It is to be facilitated by a general practitioner (GP) in conjunction with a lymphoedema practitioner.

Following participation in the workshop, participants will:

- be aware of the incidence of secondary lymphoedema in Australia
- understand the risk factors associated with secondary lymphoedema
- be able to identify prevention and treatment strategies for secondary lymphoedema
- be aware of clinical guides and other resources that can assist with the early identification and management of secondary lymphoedema.

Participants will receive 3 Category 2 CPD points for attendance at the workshop.

The education and training facilitators will receive a copy of *The management of secondary lymphoedema: workshop module for health professionals* that will include a CD containing a PowerPoint presentation and facilitator notes. All participants will be provided with a copy of the PowerPoint slides, *The management of secondary lymphoedema – a guide for health professionals* and a set of consumer resources. Divisions will need to pre-order this material before the event, by calling NBOCC on 1800 624 973 or ordering online at www.nbocc.org.au

Role of Divisions

Divisions are invited to respond to this Expression of Interest to host a secondary lymphoedema workshop, between August 2008 and 30th May 2009. A minimum of 10 participants for each workshop is required. Divisions that host a workshop will be required to:

- Source a GP and lymphoedema practitioner to facilitate the workshop.
- Organise a date, venue, and catering for the workshop.
- Advertise the workshop to local general practices and other health professionals.
- Ensure participants complete the attendance sheet and evaluation questionnaire, and return these to NBOCC.

NBOCC will provide Divisions with:

- A financial contribution of \$1,500 to assist in the delivery and management of the workshop. This will cover costs such as catering (excluding alcohol), venue hire, hiring of audio visual equipment and workshop facilitation.
- Education and training resources for all facilitators and participants.
- Evaluation questionnaires.
- Continuing Professional Development points (3 Category 2 CPD points) for all workshop participants.

Expression of Interest: Application Form

Details of Division

Division Name:			
Address:			
Contact person(s):			
Contact details:	Phone:	Fax:	Email:

Details of Workshop

Approximately what month will the workshop be delivered in? (Note: workshops are to be delivered between August 08 – 30 May 09)	
Approximately how many participants do you expect to attend the workshop?	
Are you able to source a GP and a lymphoedema practitioner ¹ to facilitate the workshop?	
Outline of costing for the workshop. (Workshops are funded at \$1500)	

In cases where it is possible to deliver the workshop across two or more Divisions then Divisions are able to submit joint applications. Please note that only \$1,500 per workshop is available.

Please complete this form and send it to ryates@agpn.com.au by 6th August 2008.

For further information please contact Rachel Yates on 02 6228 0815

¹ The Australasian Lymphology Association (<http://www.lymphology.asn.au>) can provide information about the availability of trained lymphoedema practitioners in your local area if you are not already aware of one.

APPENDIX 1

The National Breast and Ovarian Cancer Centre (NBOCC), funded by an Australian Government grant, has developed a suite of new resources to improve the treatment and support of all cancer patients affected by secondary lymphoedema. Approximately 20 per cent of survivors from breast, melanoma, gynaecological or prostate cancer will experience lymphoedema as a result of cancer surgery or radiotherapy. This equates to more than 8000 new cases each year in Australia.

Despite the high prevalence and impact of the condition, there has previously been limited evidence-based information to support people affected by secondary lymphoedema or to guide health professionals involved in the diagnosis, treatment and management of the condition.

Following a literature review and consultation process, NBOCC has released a range of evidence-based resources to help close this information gap. The resources include:

1. A **systematic review** of relevant literature to establish the evidence base for information and educational material for consumers and health professionals.
2. The development of **consumer information** on secondary lymphoedema, including:
 - a. Information leaflet for all patients with cancer who may develop lymphoedema
 - b. Information booklet for patients who are diagnosed with lymphoedema after treatment for cancer.
These consumer resources have been translated into Arabic, Chinese, Greek, Italian and Vietnamese and a culturally appropriate version is available for Indigenous Australians.
3. **Health professional information** including:
 - a. A clinical guide on the management of secondary lymphoedema.
 - b. An on-line learning module for rural and remote practitioners and a satellite broadcast through the Rural Health Education Foundation (RHEF).
 - c. **An educational resource to assist Divisions of General Practice to host local workshops.**

All the resources listed above are available to order from the NBOCC website at www.nbocc.org.au or by phoning 1800 624 973.